



You will find us at **CDU Casuarina campus**, between the Medical Centre and the Pirates oval. Enter via Lakeside Drive.

There is sufficient free parking available

Building Green, 4 Casuarina Campus Charles Darwin University, Ellengowan Drive, Casuarina

T: (08) 8946 6971

E: gymatcdu@ymca.org.au

W: nt.ymca.org.au





O-week special

Free access to the gym and group fitness for all new CDU staff and students

19th Feb – 4th March at GYM@CDU





The Gym@CDU is a community gym with a personal atmosphere. All our staff are dedicated, friendly, fully qualified and committed to the highest standards of the fitness industry.

- ▼ Free on-site parking
- ▼ Open from 6am Monday to Friday
- **▼** Open from 8am on the Weekends

We offer a variety of group fitness classes each week and also have personal trainers available to help you achieve your fitness goals.











## Our prices

MEMBERSHIPS*			
Membership Type	Full Price	Concession	
Direct Debit **	\$36.50 (per fortnight)	\$32.10 (per fortnight)	
Month Fixed Term	\$130	\$120	
6 Month Fixed Term	\$475	\$417	
12 Month Fixed Term	\$760	\$660	

ADDITIONAL SERVICES				
Entry Type	Full Price	Concession		
Casual Visit - Gym or Group Fitness	\$12	\$10		
PT Session 30 Mins	\$45	\$40		
PT Session 1 Hour	\$70	\$60		
Gym / Group Fitness 10 pass	\$108	\$90		
Youth Gym 10 Pass	\$100	N/A		
Small Group Training	\$45 per person (minimum of 2 people max of 6)			

All direct debit members receive a complimentary 10 visit pass which can be used at any YMCA facility in the NT.

Terms and Conditions apply

\*All memberships now include access to Health Club and Group Fitness Classes

\*\*Direct Debit has a \$40 joining fee. No lock in contract